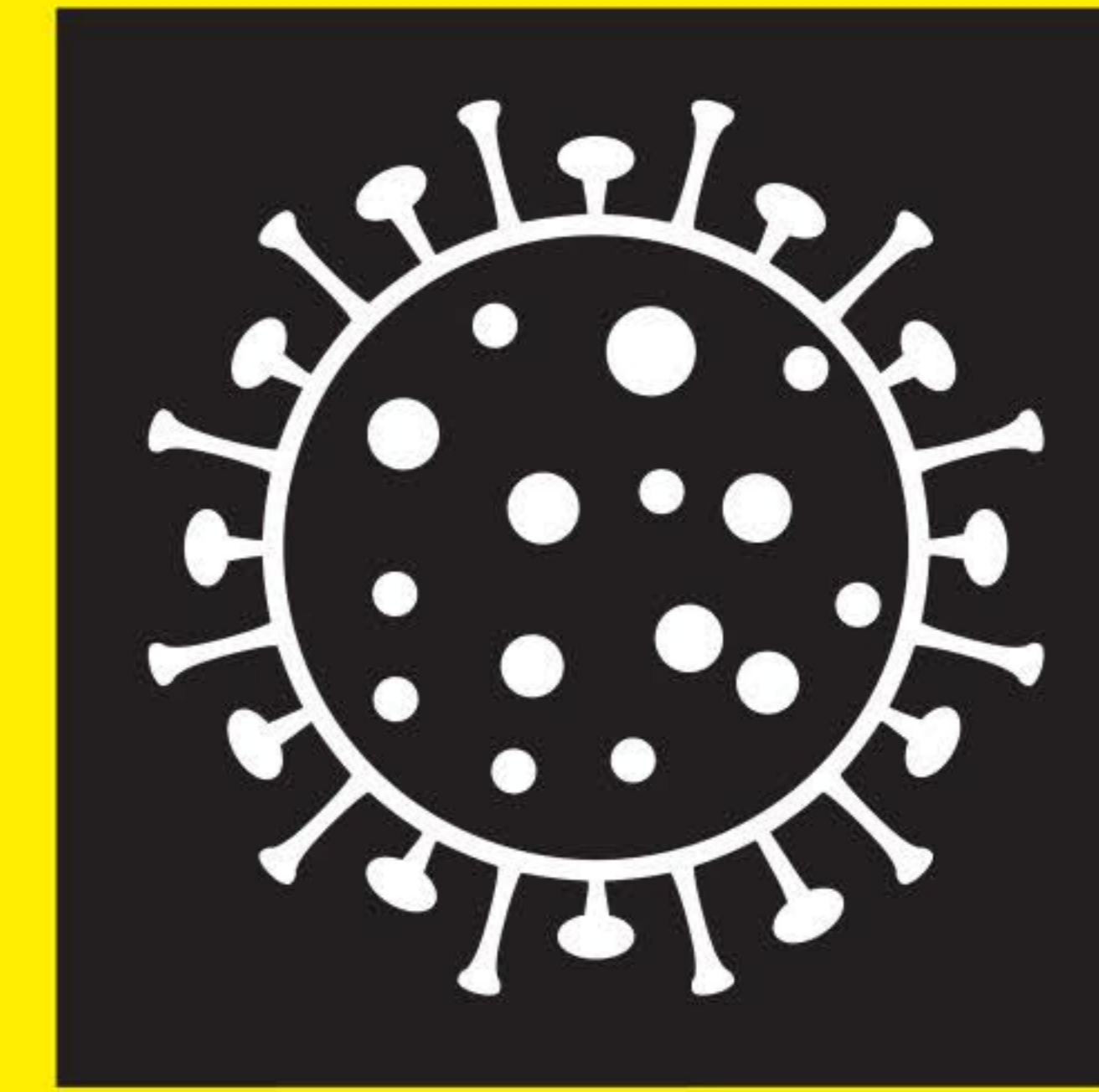


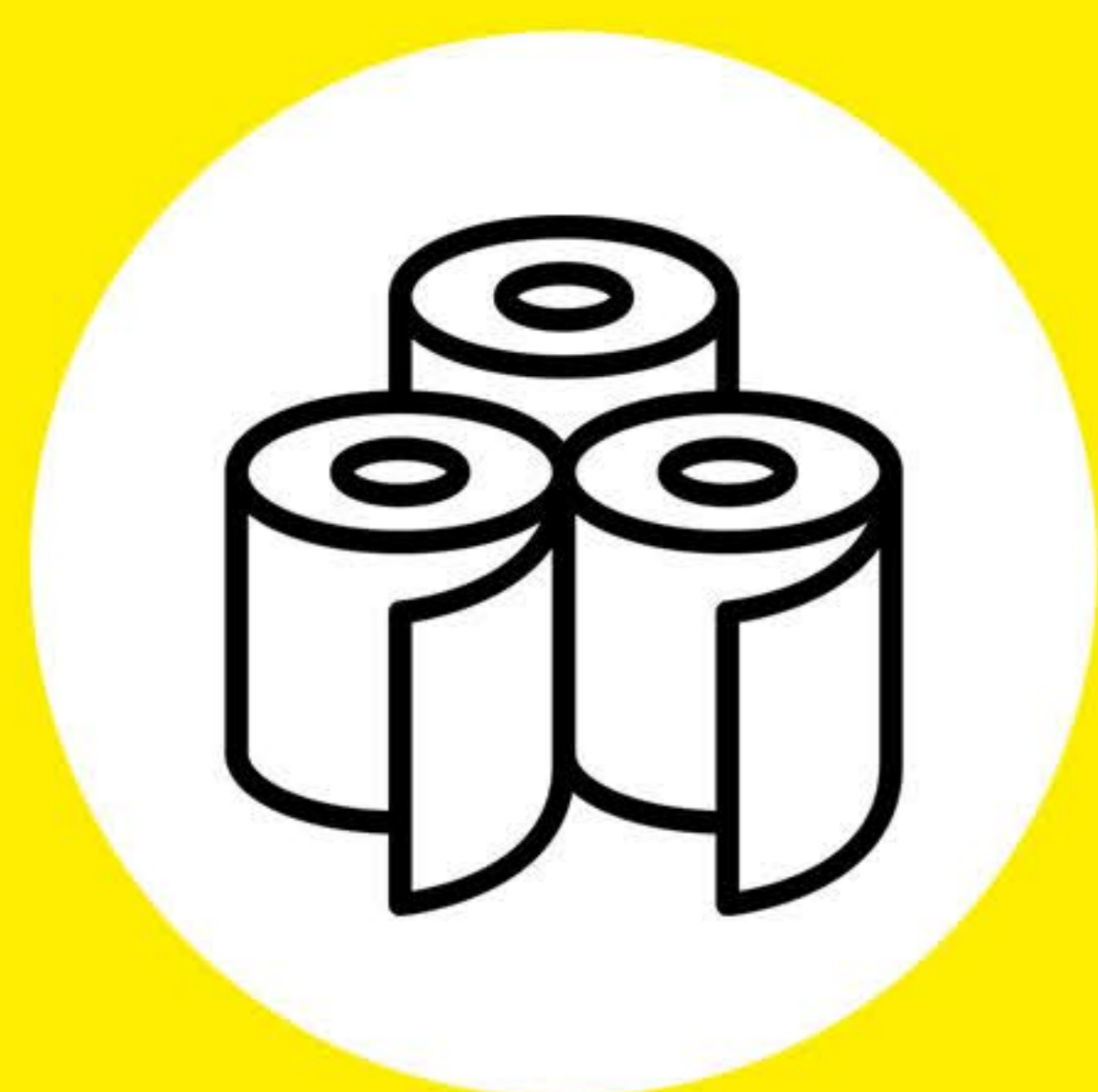
Coronavirus COVID-19



Coronavirus
COVID-19
Public Health
Advice

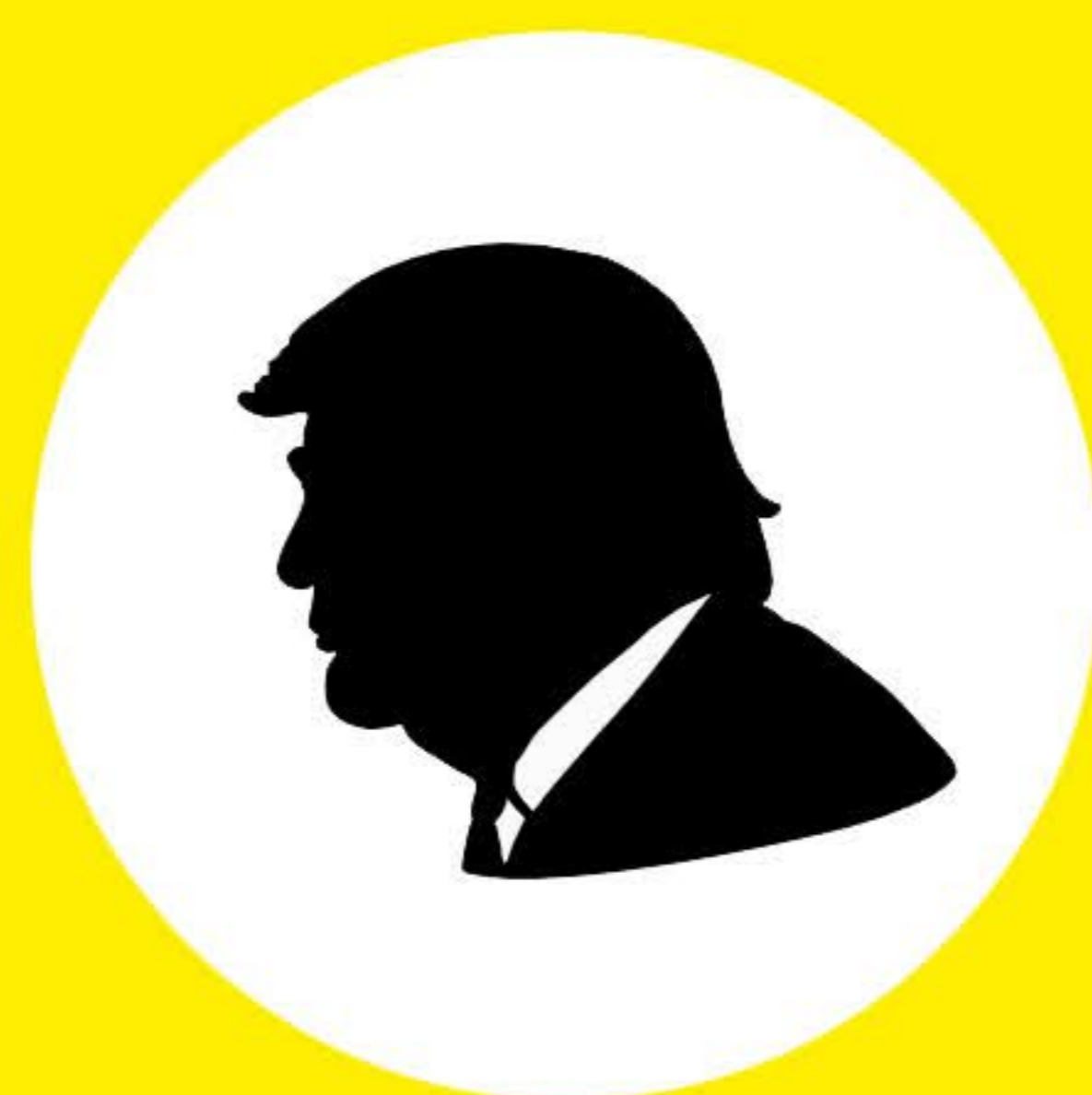
Self-isolation Warning Sheet

While you are trapped indoors self-isolating with no access to the outside world other than your 2km of government mandated exercise and your endlessly terrifying twitter feed, you may find yourself going a little... odd. Here are some aberrant behaviours to be on the look out for.



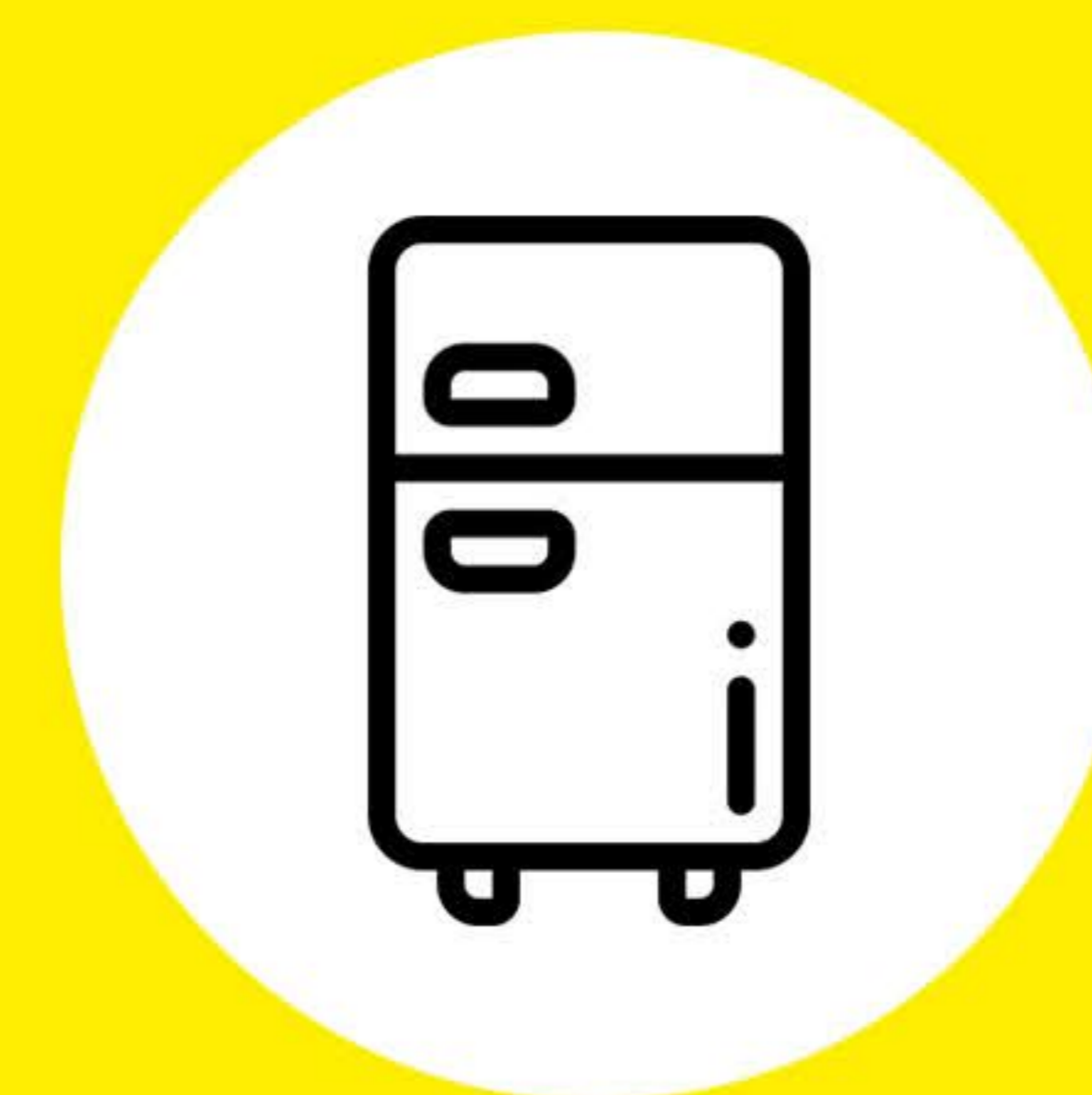
Self-ishness

Now you're stuck at home with all that toilet roll you hoarded are you any happier? Well, are you?



Self-aggrandisement

You're tremendous. Everyone else is finding this hard but that's just because they're weak.



Self-abnegation

Hey, just because you didn't raid the fridge this one time doesn't make you better than me.



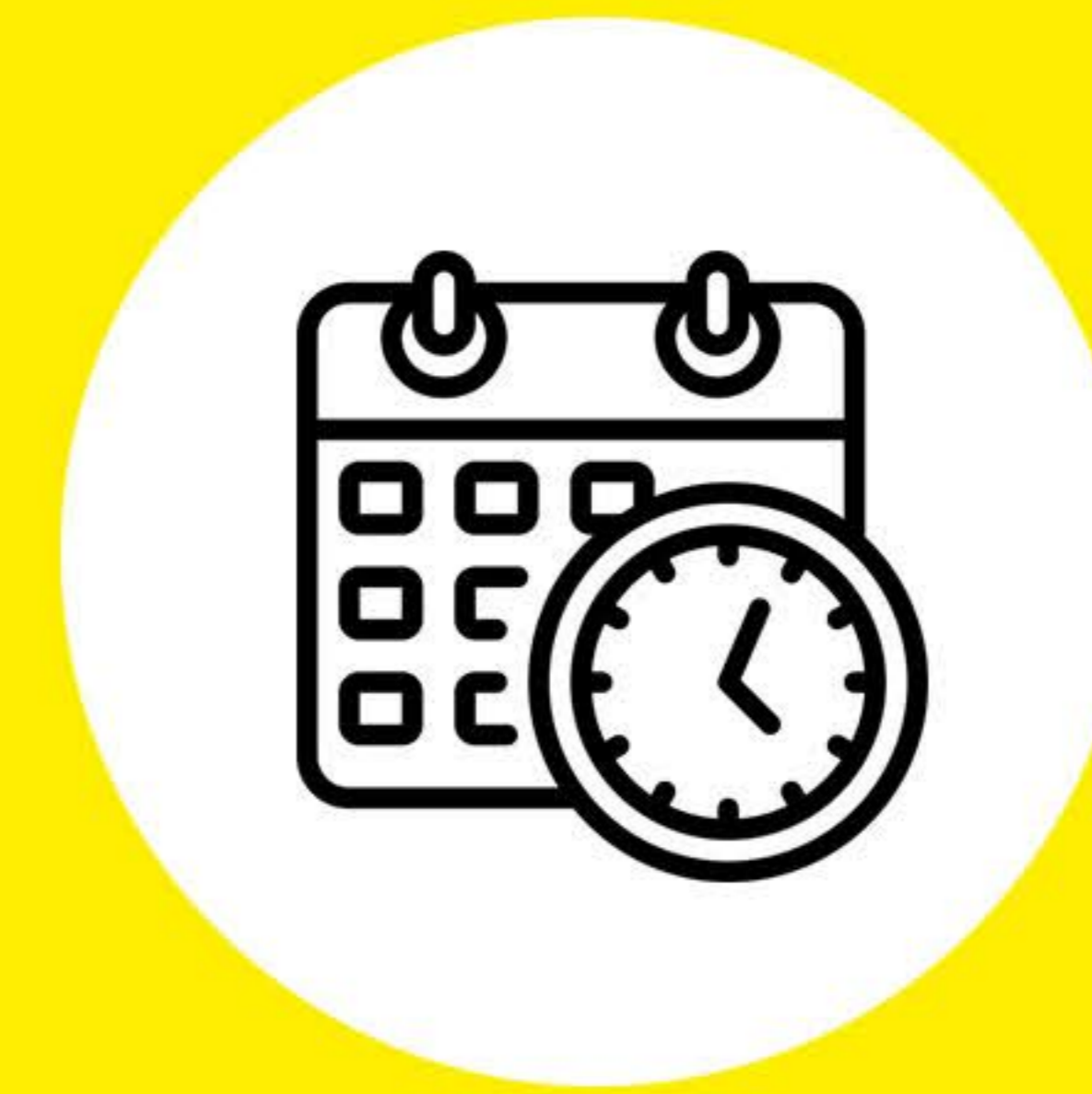
Self-actualisation

Discover self-fulfillment through the actualisation of your potentiality. Become your best self.



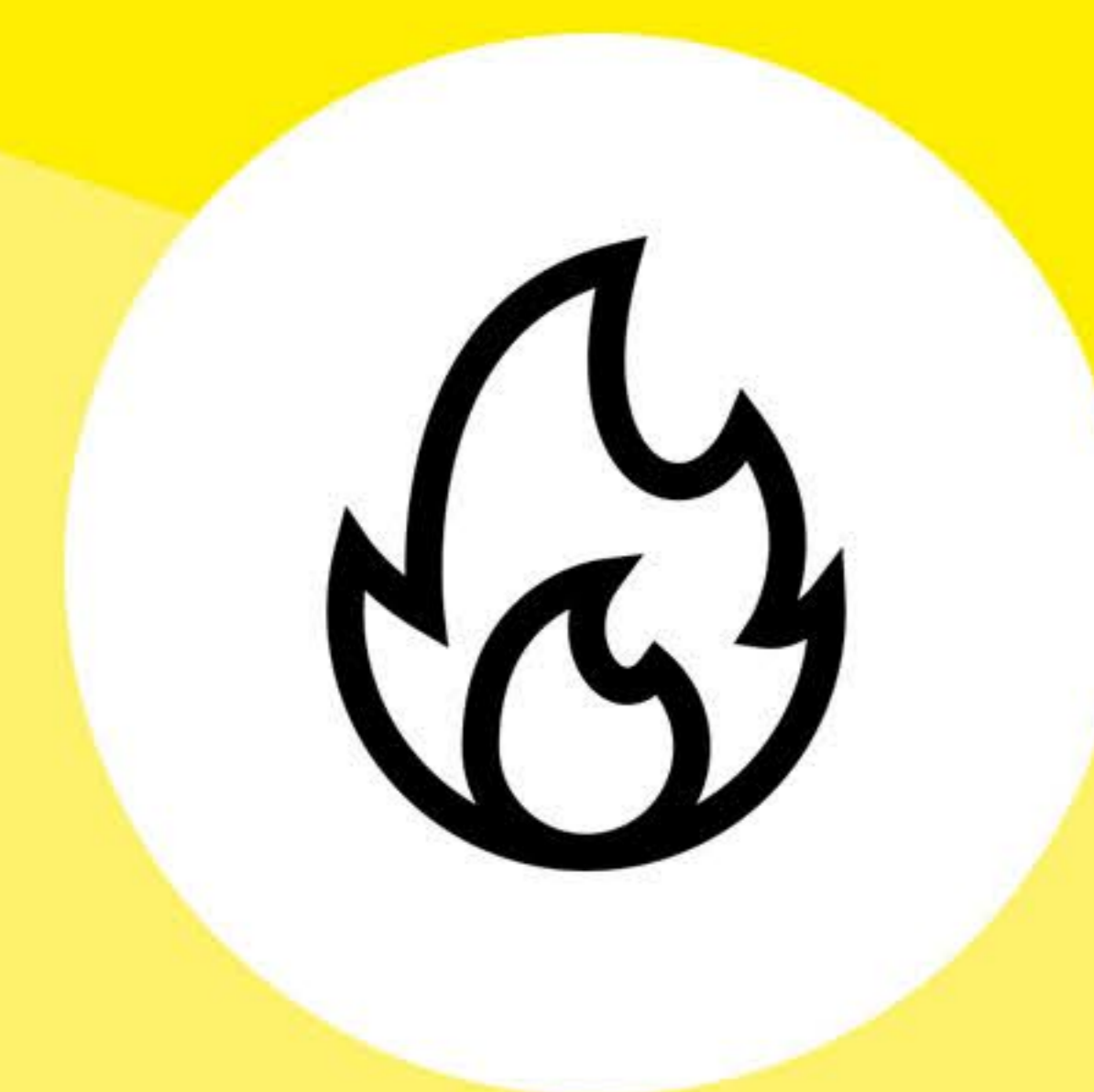
Self-transcendence

Discover the unifying interconnectedness of things. Annihilate self in experience. Become God.



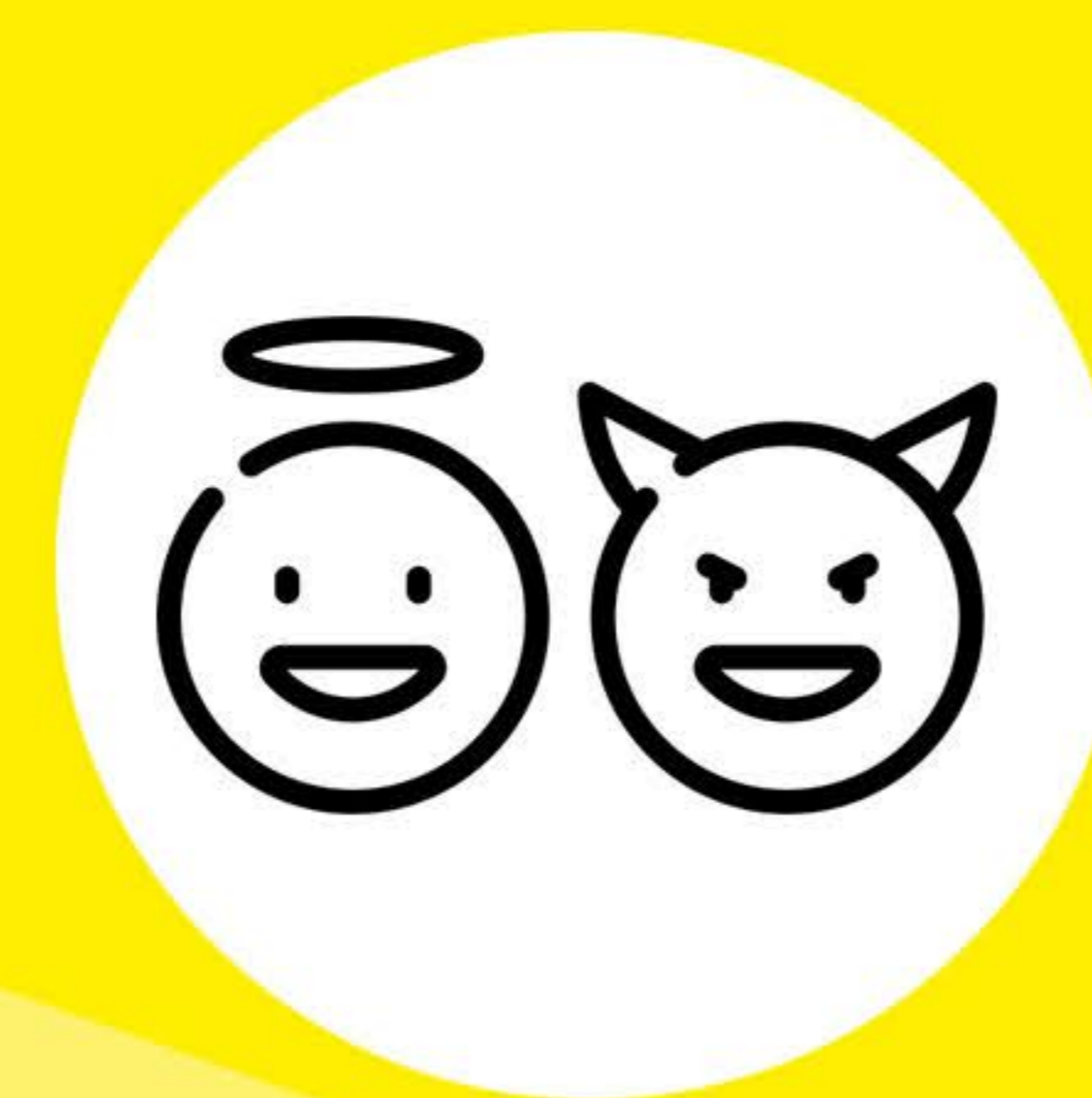
Self-deception

This will all be over soon and then life will go back to just the way it was before.



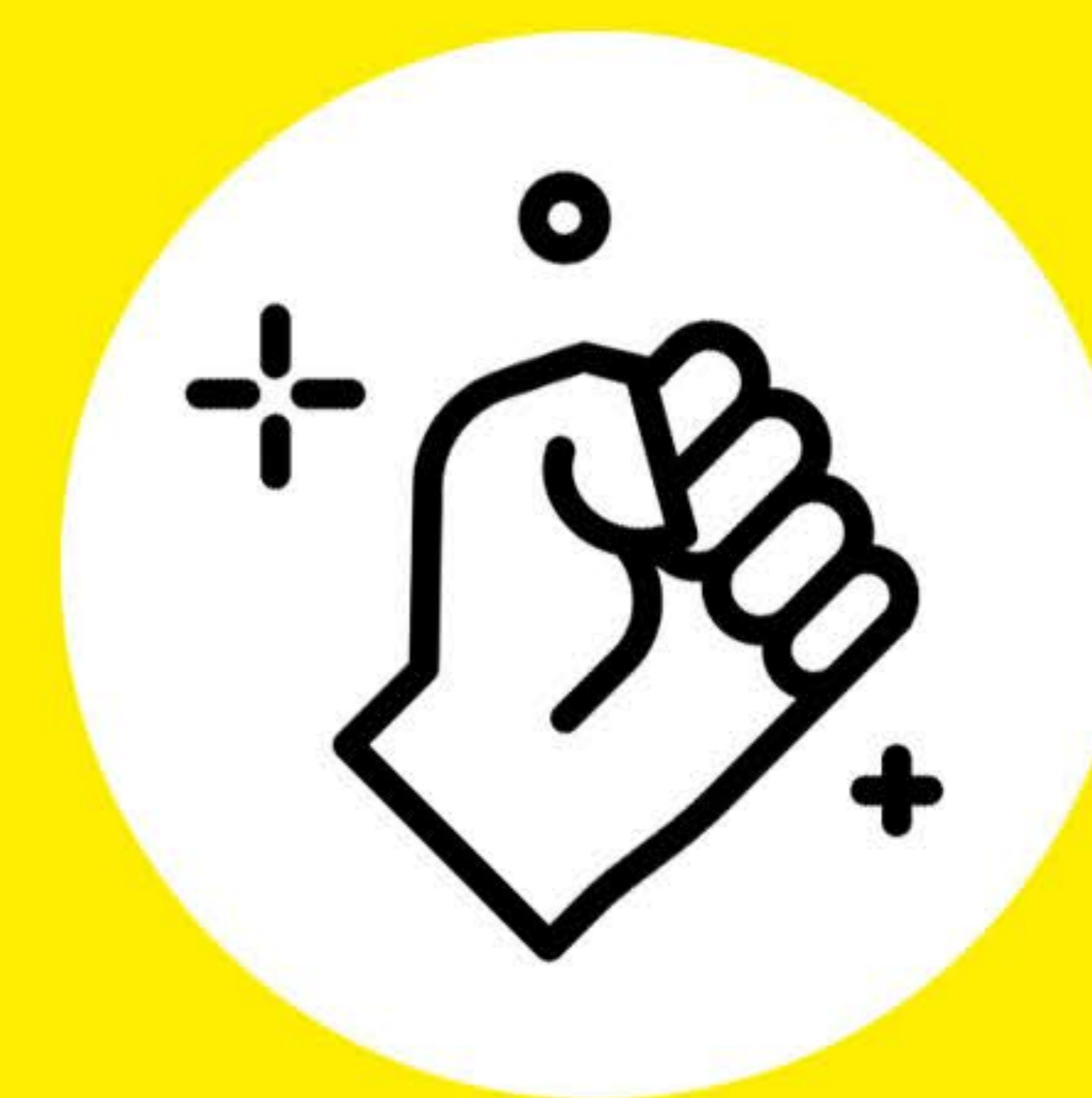
Self-immolation

Save precious government resources and let your lack of a voice be heard.



Self-care

There's self care and there's self care. You don't have to take care of yourself every time you self care, ok?



Self-abuse

Just try not to rub yourself raw, capeesh?